



Traveling with Strensiq®

Prepare For a Trip

Storing and Traveling with Strensiq®

In general, Strensiq® should be kept refrigerated between 36°F and 46°F, or 2°C and 8°C (which is the standard temperature for most refrigerators) at all times.



NOTE: Before traveling, estimate travel time to ensure medication is kept at the appropriate temperature. Then, add another 3-4 hours to account for possible travel delays and the time it takes to get to the hotel fridge to maintain the correct temperature.



Select a Cooler

Not all coolers work the same or are created to maintain an optimal temperature for medication during travel. **OneSource™ can provide a travel cooler if you do not already have one.**

If purchasing a travel cooler, **make sure to read the description of the case thoroughly to ensure it has been tested to keep items cool**, and note the amount of time it maintains that cool temperature.



Packing Your Cooler

- When packing Strensiq®, place the box or container in a sealed plastic bag. This will keep them dry if there is condensation from the cold packs or ice.
- Pack at least one to two extra doses in case of unexpected delays or any other issues.



Consider a Test Run

To ensure proper temperature is maintained, it is strongly suggested you do a test run before your trip with vials (that *you intend to throw away*), syringes, and alcohol wipes. **Make sure the cold packs have been in the freezer for at least 48 hours before the test run.** Pack all the supplies and vials in the case (see below), **then place either a refrigerator/freezer wireless digital thermometer or a regular digital refrigerator/freezer thermometer on top of the box of vials.** Add the frozen pack to the pockets and close the case. **Check the temperature every hour** to confirm it is holding the desired temperature of 2°C to 8°C (36°F-46°F) for Strensiq®.



Other Items to Consider Packing

- Extra needles and alcohol wipes
- Clean hand towel in a sealed plastic bag or container
- Small bottle of hand sanitizer or sanitizing wipes
- Sharps container for used needles
- Small digital refrigerator/freezer thermometer
- Two or three spare sealed plastic bags



Security Considerations

- **Notify the Transportation Security Administration (TSA) personnel** or security agents that you are traveling with vial medication and needles.
- Have the cooler visible and show security agents.
- **The impact of the TSA screening machine has not been tested on Strensiq®**; therefore, use your best judgment when traveling. Typically, security agents will hand-examine medications upon request.



Upon Arrival

- Before placing Strensiq® in the refrigerator, wipe down the refrigerator's handle and the shelf with sanitizing wipes to avoid bacteria from being transferred to the vials or syringes.
- Place the digital refrigerator/freezer thermometer in the refrigerator, **and only when the correct temperature is reached, place the vial(s) inside**. Take cold packs and place them in the extra-sealed plastic bag. **If the room does not have a freezer, ask the front desk to store them in the hotel freezer. Clearly label all sealed plastic bags with your last name and room number.**
- Place Strensiq® in the clean and temperature-ready refrigerator.
- It is good practice to use a fresh towel (preferably yours from home) on any surface when preparing the syringes and vials to protect against bacteria. **It is never recommended to put the syringes or vials (even with the caps on) on a hotel bathroom vanity or dresser top.**
- A sturdy empty water bottle can be used as a simple way to dispose of syringes. Leave the container with the used syringes inside a checked bag and dispose appropriately when you return home. Beware, some hotels will fine you if they find them in the trash. **For more information about proper disposal methods for sharps used outside of health care settings, visit www.stericycle.com or call (800) 643-1643.**



Notes

For more information, please contact the Soft Bones Foundation

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