

Get Moving on Social Media

See buttons below (on site) to download

Facebook:

To change your profile picture-

- Pick which frame you'd like to use and click on it. (**FB Frame 1/ FB Frame 2**)
- Next, right click and press 'save as' to save to your computer.
- Choose a picture of yourself to show in the center of the frame.
- If you are downloading our frames and need help getting them on your profile picture, reach out to sue@softbones.org for assistance.

Facebook Profile Frame Samples:



FB Frame 1



FB Frame 2

Facebook/ Instagram/ Twitter Cover Photo and Profile Pictures:

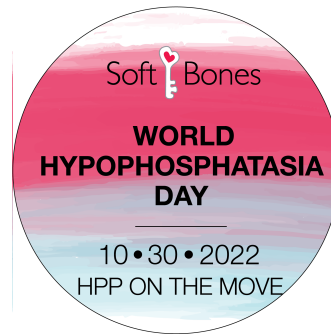
- Click on either the cover photo or profile picture options.
- Right click and press 'save as' to save to your computer.
- Edit your profile cover image/ profile picture, and save!



FB/ TW Cover Photo



FB/ IG/ TW Profile 1



FB/ IG/ TW Profile 1

Fact Cards: For Instagram and Facebook

- Click on either the cover photo or profile picture options.
- Right click and press 'save as' to save to your computer.
- Create a post on Facebook or Instagram and share facts about HPP!



Sample images (6 Fact Cards total)